

Jr. Climbing Team

Welcome all Kids!

The Crux Climbing and Bouldering welcomes kids **ages 7 and up of all abilities** to join our Junior Climbing Program this fall, winter, and spring.

Whether your junior climber is just starting out, or is ready for the competition circuit, the Crux provides the right programs and instructors for all.

Additional program perks

- Free use of all equipment and gear
- Dedicated coaches/staff to supervise
- Annual pass to use the gym any day during the season



Registration

Open House:

Sunday, September 18 - 10:00am

Come on the first day to meet the coaches, have a climbing lesson and climb for free. This is the first day of the program!

We welcome any interested parents and junior climbers to book an appointment during any of our scheduled program times to come and check us out for free! Late starters are always welcome.

Pre-registration begins Sept 6 and runs all season!

To register, call 403.235.CRUX (2789) or email matthew@thecruxclimbing.com

2 Teams to choose from!

(See over for details)

Jr. Climbing Team

Recreational Club

(Ages 7 to 11)

Sundays: 10:00am – 12:00pm

Fall Season: September 18 – December 11th

Winter Season: January 8th to March 19th

Spring Season: April 9th to May 21nd

Costs

Fall: \$275

Winter: \$275

Spring: \$175

Our **Rec Club** is for new and young climbers looking for a fun recreational activity. Our focus with this recreational club is to instill the base skills and safety awareness to ensure a lifetime love of climbing and physical activity using a fun, activity-based program.

Development Club

(Ages 11-16)

Sundays: 9:00am – 12:00pm

Tuesdays: 6:30 - 8:30pm

Fall Season: September 18nd – December 11th

Winter Season: January 8th to March 19th

Spring Season: April 9th to May 21th

Costs

Fall: \$375

Winter: \$375

Spring: \$275

Our **Development Clubs** are for climbers looking to climb and boulder in a social environment with other teammates. Our coaches will focus on real improvements in abilities and sport awareness through proven fitness-based coaching and mentoring techniques. Our main goal is to produce passionate, safety conscious lifelong ambassadors for the sport of climbing and bouldering.

*Development Teams may be broken down into smaller teams by the coaches in October depending upon sizes and skill.

**no programs run during stat holidays or long weekends*